



PROGRAM INFORMATION

PROGRAM DESCRIPTION

The Northwest Passage Child & Adolescent Center provides a comprehensive clinical assessment for male and female clients, ages 6-18. Our interdisciplinary format of assessment includes focus on neuropsychological evaluation, family, psychiatric, educational and behavioral, health/medical and, when necessary, chemical health. Our assessments are completed in a highly integrated team model that is more intensely beneficial than traditional outpatient evaluation services. Our assessment generates a comprehensive clinical conceptualization and a dynamic treatment plan designed by the interdisciplinary team to address the needs of both the child and family.

ADMISSION DAY:

Parents/Guardians and referrers are welcome to participate in the admission process, which typically lasts an hour to an hour and a half. Keep in mind that participation in this admission is not required nor always necessary. During this meeting, the client and family will have the opportunity to meet the program case manager, ask any additional questions about the assessment process, and tour the program. If parents are not able to attend the admission, these things can be accomplished at a later time.

NOTES ABOUT ASSESSMENT PROCESS:

- ❖ Your child will have a case manager during their time with us. Your case manager will be your primary contact and will communicate with you regularly about your child's time in the program, the assessment process, appointments with the clinical team, and visitation.
- ❖ Families are asked to make themselves available to the assessment team for appointments approximately one week to ten days into the assessment. Generally, sessions are scheduled for 1 hour with the Neuropsychologist and 2 hours with the family therapist. These sessions are preferred to occur in person, but may be completed by phone when circumstances prevent participation in person.
- ❖ Within the first week of the assessment, the parent/guardian will receive questionnaires that are important to the assessment process. Please complete and return these questionnaires at your earliest convenience. A self-addressed stamped envelope will be provided. Questionnaires may also be returned as a scanned document sent to the case manager via email.
- ❖ At the end of the assessment, family members, educational consultants, and social workers are encouraged to attend and participate in a final staffing to review the comprehensive clinical conceptualization and treatment plan designed by the interdisciplinary team. Families are provided with a written summary within 24 hours of the staffing and then complete reports from clinicians approximately two weeks after.

ACADEMIC EDUCATION

Each resident is provided with academic instruction in a specialized school environment to aid in the assessment process. Individualized instruction in mathematics, grammar, social studies and science is emphasized with additional group and project based learning opportunities. Course work is credited and transferable. The academic instruction is designed to meet the individual needs of each student while also helping to identify necessary and effective educational accommodations for future classroom settings.

PROMOTING HEALTH THROUGH ACTION

Few can argue the relationship between self-esteem and an active, healthy lifestyle. Key components of the Child and Adolescent Center are activities designed to promote healthy living while also providing our clients with an opportunity to experience a healthy outlet for their energies. We weave physical and outdoor activities into the programming. These not only provide opportunities for our clients to engage in a more active lifestyle, but they also provide very natural opportunities for assessment of peer interactions and the ability to use team-building skills.

EXPRESSIVE ARTS PROGRAMMING:

In A New Light is a therapeutic nature photography program that emphasizes skilled expressive arts training and nature immersion, ultimately empowering residents to define themselves by their strengths rather than their weaknesses. Residents at the Child and Adolescent Center have the opportunity to learn photography and editing techniques and are encouraged to express themselves through their art. Separate from this ongoing project, residents at the Child and Adolescent Center are also regularly exposed to a variety of other individualized artistic interests such as poetry and music.



NORTHWEST PASSAGE CHILD AND ADOLESCENT CENTER

Communication with Your Child

*These practices are not all inclusive - extenuating circumstances may require adjustments. Please discuss any concerns with your admissions specialist or your child's case manager.

PHONE CALLS:

Your son/daughter can receive phone calls from your immediate family, educational consultant, attorney, and social worker throughout the 30 day evaluation period. At the beginning of the assessment period, please work with the case manager to create a list of approved callers. Most often, we recommend that this list include immediate family members and caregivers only. Please keep in mind that your child will be involved in many structured appointments and activities throughout their stay. We will do our best to ensure that your son/daughter is available for your call and request that family phone calls take place in the evening. Typically residents place or receive one phone call a day; however, your case manager will work with you to establish a calling schedule that fits with the program schedule as well as the needs of your family.

The resident's attorney and/or social worker may call at any time. In addition, the resident may contact their attorney and/or social worker at any reasonable time upon request without restriction.

WRITTEN COMMUNICATION:

Letters to your son/daughter from family and friends are permitted and encouraged. Your son/daughter will be provided 2 stamps and 2 envelopes per week by NWP. You may choose to provide additional postage or stationary if desired. Please address mail as follows:

Your Child's name C/O Northwest Passage
203 United Way
Frederic, WI 54837

VISITATION:

In recognition of the importance of family support for the residents, the program seeks to facilitate visits by appropriate to the needs of the child and in a manner that does not prevent our ability to complete a thorough assessment.

Prior to intake, we will gather background information and work with you and any professionals involved in this referral to determine the most appropriate level of visitation including frequency, duration, and location throughout the assessment process.

Due to scheduling, confidentiality, and other safety concerns, we require visits to be scheduled in advance. **Only authorized visitors will be allowed to participate in visits. For this reason, visitors to the Center must have the approval of the case manager for any visit prior to entering the grounds.** You may contact the case manager Monday through Thursday between the hours of 8:30am and 4:30pm to schedule a visit. Visitation must be authorized by end of the day Thursday for the upcoming weekend due to the needs of weekend activity planning. Due to the intense needs of the assessment period, we recommend approximately two visits during the 30-day assessment. Exceptions to this may be made depending on client circumstances.

NORTHWEST PASSAGE CHILD AND ADOLESCENT CENTER Packing Guide

PERSONAL BELONGINGS:

In addition to standard clothing items (see packing list on the next page), your son or daughter is welcome to bring items that make his/her time in the program more comfortable.

Encouraged / Acceptable Items:

- ✓ A personal pillow or blanket. All bedding is provided, but residents are welcome to bring their own from home.
- ✓ Family photographs. These are best kept in a small soft cover, non-spiral bound album. No glass please.
- ✓ A stuffed animal or two. Please, not more than three.
- ✓ Radios/MP3/IPODS with earphones are acceptable; however, devices may not have visual or audio recording capabilities.
- ✓ e-Readers (Kindle/Nook) - content must be downloaded before arrival. There is no internet access while at the facility so new content will not be able to be downloaded. Acceptable devices may not have visual or audio recording capabilities (no iPads or Kindle Fires).
- ✓ Personal gaming systems are allowed as long as they do not include wi-fi access, camera or memory stick capability.

The following items may present a safety or privacy risk. Please do not send:

- ✓ Electronics that record audio/video or can take photos
- ✓ Jewelry - including watches (piercings may be kept open with plastic spacers)
- ✓ No metal including hair accessories (i.e. barrettes, bobby-pins), spiral notebooks, picture frames etc.
- ✓ Personal hygiene products - we will provide all necessary items, unless it is for a specific medical purpose (i.e. dry skin, dandruff, acne)
- ✓ Do not send money, food, or candy as residents' needs will be met by NWP.

Northwest Passage is not responsible for the loss or damage of any of such items.

NORTHWEST PASSAGE CHILD & ADOLESCENT CENTER CLOTHING / PACKING GUIDE

We request that your son/daughter have enough clothing for their stay. He/she will be involved in recreation every day and will need appropriate attire (i.e. tennis shoes, shorts, swimsuits, etc.). Each resident does his or her own laundry (with supervision and assistance) once a week.

If a resident arrives without sufficient clothing, Northwest Passage Child & Adolescent Center will provide any clothing deficiencies from this list until arrangements can be made to secure the resident's personal clothing.

MINIMUM REQUIREMENTS:

<u>Boys</u>	<u>Girls</u>
<input type="checkbox"/> 10 pair underwear	<input type="checkbox"/> 10 pair underwear
<input type="checkbox"/> 10 pair socks	<input type="checkbox"/> 4 bras
<input type="checkbox"/> 3 long pants/casual shorts	<input type="checkbox"/> 10 pair socks
<input type="checkbox"/> 2 pair sweat pants	<input type="checkbox"/> 3 long pants / casual shorts
<input type="checkbox"/> 3 athletic shorts	<input type="checkbox"/> 2 pair sweat pants
<input type="checkbox"/> 7 t-shirts	<input type="checkbox"/> 3 athletic shorts
<input type="checkbox"/> 2 sweatshirts	<input type="checkbox"/> 7 t-shirts
<input type="checkbox"/> 2 long sleeve shirts	<input type="checkbox"/> 2 sweatshirts
<input type="checkbox"/> 1 fall jacket	<input type="checkbox"/> 2 long sleeve shirts
<input type="checkbox"/> 2 pair shoes (1 sneakers)	<input type="checkbox"/> 1 fall jacket
<input type="checkbox"/> Pajamas	<input type="checkbox"/> 2 pair shoes (1 sneakers)
WINTER	<input type="checkbox"/> Pajamas
<input type="checkbox"/> 1 winter coat	WINTER
<input type="checkbox"/> 1 pair boots	<input type="checkbox"/> 1 winter coat
<input type="checkbox"/> 1 pair gloves/mittens	<input type="checkbox"/> 1 pair boots
<input type="checkbox"/> 1 wool type hat	<input type="checkbox"/> 1 pair gloves/mittens
<input type="checkbox"/> 1 pair long-john (top and bottom)	<input type="checkbox"/> 1 wool type hat
SUMMER	<input type="checkbox"/> 1 pair long-johns (top and bottom)
<input type="checkbox"/> 1 swim suit	SUMMER
	<input type="checkbox"/> 1 swim suit

*Please do not pack ripped, torn, holey clothes or low cut or midriff-baring tops.
If your child wears/uses prescription glasses, please be sure to bring those as well.*

All necessary bathroom and personal hygiene supplies will be supplied by Northwest Passage Child & Adolescent Center. If these items are packed, they will be collected at admission and either returned to the resident's parent or held in their locked storage until discharge. NOTE: Items related to a specific medical purpose (i.e. acne, dry skin, dandruff, etc.) will be evaluated by staff and either given to the resident or held in the resident's medication bin for supervised use at appropriate times.

Please also refer to the list on the previous page of both encouraged personal belongings as well as items that are not allowed.